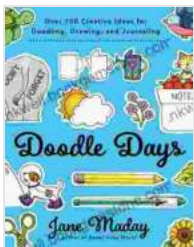


Over 100 Creative Ideas for Doodling, Drawing, and Journaling

Are you looking for some inspiration to get your creative juices flowing? Doodling, drawing, and journaling are all great ways to express yourself and explore your imagination. And with so many different ideas to choose from, you're sure to find something that sparks your interest.

Doodling

Doodling is a great way to relax and de-stress. It's also a good way to warm up your creative muscles before you start working on a more detailed drawing or painting. Here are a few ideas to get you started:



Doodle Days: Over 100 Creative Ideas for Doodling, Drawing, and Journaling by Jane Maday

★★★★☆ 4.6 out of 5

Language : English

File size : 130347 KB

Screen Reader : Supported

Print length : 128 pages



- Draw patterns and shapes.
- Create abstract designs.
- Draw from observation.
- Doodle on top of other drawings or paintings.

- Use different colors and materials to create interesting effects.

Drawing

Drawing is a more detailed form of art than doodling, but it's still a great way to relax and express yourself. Here are a few ideas to get you started:

- Draw people, animals, or objects from life.
- Create landscapes or cityscapes.
- Draw still lifes.
- Draw from your imagination.
- Use different techniques and materials to create different effects.

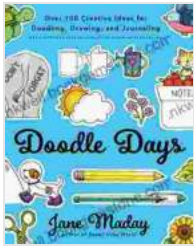
Journaling

Journaling is a great way to keep track of your thoughts and feelings. It can also be a good way to explore your creativity and imagination. Here are a few ideas to get you started:

- Write about your day.
- Keep a dream journal.
- Write poetry or short stories.
- Draw or paint in your journal.
- Use your journal to reflect on your life and experiences.

These are just a few ideas to get you started. The possibilities are endless, so don't be afraid to experiment and find what works best for you. Doodling,

drawing, and journaling are all great ways to relax, de-stress, and express yourself. So get creative and have fun!



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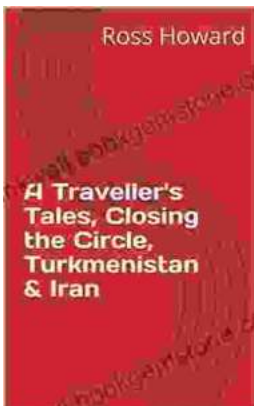
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